

# LUNCH



All dishes marked with our apple logo has one or more of the key features to be a Future Proof Food dish



Denoted a Halal alternative will be served



Week One	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>SOUP</b>	Soup of The Day Served with Freshly Baked Bread	Soup of The Day Served with Freshly Baked Bread	Soup of The Day Served with Freshly Baked Bread	Soup of The Day Served with Freshly Baked Bread	Soup of The Day Served with Freshly Baked Bread
<b>MAIN COURSE ONE</b>	Spaghetti Bolognese  	Southern Fried Chicken Corn Bread & Salsa Sauce 	Mixed Vegetable Dhansak  	Roast Turkey with Stuffing & Cranberry Sauce 	International Day 
<b>MAIN COURSE TWO</b>	Baked Mozzarella, Sun Blushed Tomato & Olive Farfalle Pasta Topped with Basil Oil	Cauliflower Wings with Ranch Dipping Sauce	Vegetable Samosa Served with Coriander & Mint Chutney	Roasted Vegetable Wellington	
<b>ON THE SIDE</b>	Lemon & Herb Dressed Green Beans, Italian Stuffed Tomatoes	Wedged Potatoes, Corn on the Cob & 3 Bean Boston Style Beans	Turmeric Rice Homemade Onion Bhaji Bombay Aloo Cumin Roasted Carrots Spiced Cauliflower With Spinach	Rosemary & Thyme Roasted New Potatoes, Broccoli & Baton Carrots Gravy	
<b>PASTA &amp; JACKETS</b>	Jacket or Sweet Potato, Grated Cheese & Baked Beans Or Wholemeal Pasta Fresh Tomato, Red Pepper & Basil Sauce	Jacket or Sweet Potato, Grated Cheese & Baked Beans Or Wholemeal Pasta Fresh Tomato, Red Pepper & Basil Sauce	Jacket or Sweet Potato, Grated Cheese & Baked Beans Or Wholemeal Pasta Fresh Tomato, Red Pepper & Basil Sauce	Jacket or Sweet Potato, Grated Cheese & Baked Beans Or Wholemeal Pasta Fresh Tomato, Red Pepper & Basil Sauce	
<b>HOT DESSERT</b>	Jam Doughnuts	Homemade Apple Pie with Cream	Lemon & Lime Drizzle Cake	Sticky Toffee Pudding & Custard	International Dessert
<b>COLD DESSERT</b>	<b>Every day will be...</b> Selection of Jelly, Yoghurt, Fruit & Fresh Dessert Pots				











# LUNCH

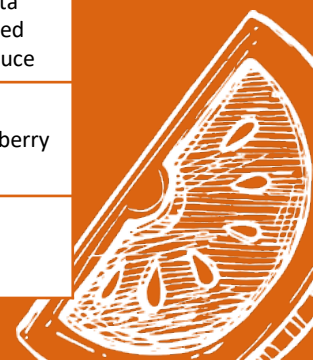


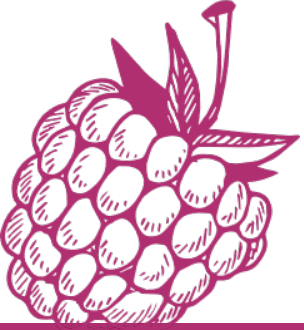
All dishes marked with our apple logo has one or more of the key features to be a Future Proof Food dish



Denoted a Halal alternative will be served

Week Two	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>SOUP</b>	Soup of The Day Served with Freshly Baked Bread	Soup of The Day Served with Freshly Baked Bread	Soup of The Day Served with Freshly Baked Bread	Soup of The Day Served with Freshly Baked Bread	Soup of The Day Served with Freshly Baked Bread
<b>MAIN COURSE ONE</b>	Butchers Sausages Served with Red Onion Chutney 	Macaroni Cheese With Crispy Onions, Garlic & Herb Mushrooms	Tandoori Chicken Served with Garlic Naan & Mango Yoghurt Dressing 	Minced Beef Cottage Pie Topped with Buttered Mash & Crispy Onions  	Seafood Paella 
<b>MAIN COURSE TWO</b>	Hearty Vegetable & Bean Stew Topped with Herb Dumplings 	Spinach & Ricotta Cannelloni	Mixed Vegetable Pakora Served with Garlic Naan, Tomato & Onion Salad & Mango Yoghurt Dressing	Caramelised Red Onion, Mushroom & Lentil Loaf 	Battered Quorn Sausage with Curry Sauce 
<b>ON THE SIDE</b>	Yorkshire Puddings, Mashed Potatoes & Roasted Vegetables Gravy	Lemon & Herb Dressed Green Beans, Roasted Butternut Squash with Toasted Seeds	Turmeric Rice, Indian Spiced Greens & Cumin Roasted Vegetables	Baton Carrots & Sautéed Savoy Cabbage	Fries, Green Beans & Peas
<b>PASTA &amp; JACKET BAR</b>	Jacket or Sweet Potato, Grated Cheese & Baked Beans Or Wholemeal Pasta Fresh Tomato, Red Pepper & Basil Sauce	Jacket or Sweet Potato, Grated Cheese & Baked Beans Or Wholemeal Pasta Fresh Tomato, Red Pepper & Basil Sauce	Jacket or Sweet Potato, Grated Cheese & Baked Beans Or Wholemeal Pasta Fresh Tomato, Red Pepper & Basil Sauce	Jacket or Sweet Potato, Grated Cheese & Baked Beans Or Wholemeal Pasta Fresh Tomato, Red Pepper & Basil Sauce	Jacket or Sweet Potato, Grated Cheese & Baked Beans Or Wholemeal Pasta Fresh Tomato, Red Pepper & Basil Sauce
<b>HOT DESSERT</b>	Apple Crumble & Custard	Banoffee Cake	Sticky Ginger Sponge	Bread & Butter Pudding	Churros Served with Strawberry Sauce
<b>COLD DESSERT</b>	<b>Every day will be...</b> Selection of Jelly, Yoghurt, Fruit & Fresh Dessert Pots				





# LUNCH



All dishes marked with our apple logo has one or more of the key features to be a Future Proof Food dish



Denoted a Halal alternative will be served



Week Three	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>SOUP</b>	Soup of The Day Served with Freshly Baked Bread	Soup of The Day Served with Freshly Baked Bread	Soup of The Day Served with Freshly Baked Bread	Soup of The Day Served with Freshly Baked Bread	Soup of The Day Served with Freshly Baked Bread
<b>MAIN COURSE ONE</b>	Caramelised Red Onion, Goats Cheese & Spinach Pizza	Pork Chow Mein  	Chicken Souvlaki Served with Tzatziki Sauce 	Katsu Chicken 	Breaded Fish With Homemade Tartar Sauce
<b>MAIN COURSE TWO</b>	Margarita Pizza	Spring Rolls with Mushroom Rice & Sweet Chilli Dipping Sauce	Halloumi & Red Pepper Souvlaki Served with Tzatziki Sauce	Katsu Quorn 	Feta, Red Pepper & Sweet Potato Cake Topped with Guacamole & Crispy Leek
<b>ON THE SIDE</b>	Lightly Spiced Potato Wedges, Corn on the Cob, Garlic & Chilli Green Beans	Prawn Crackers, Stir Fried Vegetables, Soy & Garlic Pak Choi	Olive, Lemon & Greek Herb Potatoes & Roasted Mediterranean Vegetables	Coconut Rice, Asian Style Cabbage & Asian Roasted Vegetables	Chips, Baked Beans & Mushy Peas
<b>PASTA &amp; JACKETS</b>	Jacket or Sweet Potato, Grated Cheese & Baked Beans Or Wholemeal Pasta Fresh Tomato, Red Pepper & Basil Sauce	Jacket or Sweet Potato, Grated Cheese & Baked Beans Or Wholemeal Pasta Fresh Tomato, Red Pepper & Basil Sauce	Jacket or Sweet Potato, Grated Cheese & Baked Beans Or Wholemeal Pasta Fresh Tomato, Red Pepper & Basil Sauce	Jacket or Sweet Potato, Grated Cheese & Baked Beans Or Wholemeal Pasta Fresh Tomato, Red Pepper & Basil Sauce	Jacket or Sweet Potato, Grated Cheese & Baked Beans Or Wholemeal Pasta Fresh Tomato, Red Pepper & Basil Sauce
<b>HOT DESSERT</b>	Waffles Served with Strawberry Sauce	Seeded Flapjack	Orange Marmalade Cake	Chocolate Cake with Fudge Topping	Homemade Chelsea Bun with Apricot Glaze
<b>COLD DESSERT</b>	<b>Every day will be...</b> Selection of Jelly, Yoghurt, Fruit & Fresh Dessert Pots				